



**BALLS OF FUN:** Ball pits created conversation between different year groups.

## OLMC CELEBRATES WELLNESS WEEK

**PARRAMATTA'S** Our Lady of Mercy College (OLMC) staff and students put textbooks aside recently to celebrate Wellness Week, one of the most popular events on the school calendar. The week aims to promote the importance of a positive mental and physical mind. Activities included lip sync battles, zumba classes, bike and blend, handball and craft. Australian actress and wellbeing advocate Marny Kennedy visited and made a heartfelt plea to the girls to ask for help when they need it and to not compare themselves to others.